

ECKO local event - final details

Ganavan - event - 25th October 2020

NOTE

- This event is **ONLY** for **ECKO members** who have **pre-entered**.
- There will be **NO** entry on the day.
- The clocks **go back** so a lie in for everyone!

Important:

Please read this information carefully as this is our first post-lockdown orienteering event and we need to maintain our club's reputation and ability to organise more events by adhering carefully to any new guidance.

- If you are displaying one or more COVID-19 symptoms you must not attend.
- If you are in COVID-19 quarantine you must not attend
- People in higher risk categories as set out by the government should be aware that attending activities/ events places you at increased.
- The 2 metre rule applies at all times, including at controls, so please move away from controls as soon as you have punched.
- Please keep young children with you at all times
- You need to turn up for your start on time. There is minimal room for re-scheduling late starters
- Please do not congregate at the start, finish, download or car park.
- By taking part you agree to British Orienteering code of conduct (see <https://www.scottish-orienteering.org/about/club-toolkit/#toolkit-Conduct>)

Differences to 'normal' due to Covid-19:

- Please don't arrive at the START than 10 minutes before your start time
- No splits or results will be provided at the finish but you **MUST download** even if you have retired
- Please avoid touching the controls
- Avoid any unnecessary contact with gates, fences, etc
- No car key drop box
- You will be asked to use hand sanitizer before picking up your map and after you download
- Please don't linger after your run but make sure you download and drop your dibber into the 'dibber' bucket provided
- If you are paying by cash please ensure that you have the right money and it's in an envelope with your name and amount otherwise please make your BACS transfer as soon as possible.

Safety Information

- Ganavan is very popular with the general public and likely to be very busy with dog walkers and cyclists particularly on the cycle track. Please be aware of others and maintain your social distance.
- Car parking is in the Ganavan car park and there will be caution runner signs at the entry. The courses take the competitor away from the car park.
- Ticks: There are ticks around particular in the bracken so please check yourself carefully after your run.

ON ARRIVAL

- Dibbers will be in named envelopes at download. Pick up your dibber and go to the start. Maps can be collected at the start

Courses, map and terrain

- The map is 1:10,000 with 5m contours
- Ganavan is in the middle of a larger mapped area comprising a series of hills running along the coast north of Oban. Ganavan comprises rough open heather/grassy moorland rising behind Ganavan beach and north towards Dunstaffnage and Dunbeg. A line of high crags separate the moorland from a faster grassy and rocky coast. A sparse path network, some fencing and old earth dykes provide line features. The area is interspersed with patches of regenerating native woodland. Large areas of bracken and gorse are expanding following removal of livestock grazing in recent years
- For **Light Green**, **Green** and **Blue** beware of loose wire underfoot

Course	Distance (km)	Climb(m)	Controls
Yellow TD 2	2.0km		14
Long Orange TD 3	3.0km		15
Light Green TD 4	3.5km	120m	10
Green TD 5	4.3km	160m	15
Blue TD 5	5.3km	185m	19

Location:

Near: Oban

Lat,Lng: 56.43668,-5.46943

Postcode: PA34 5TB

What3Words: list.twins.gong

Open an interactive map in:

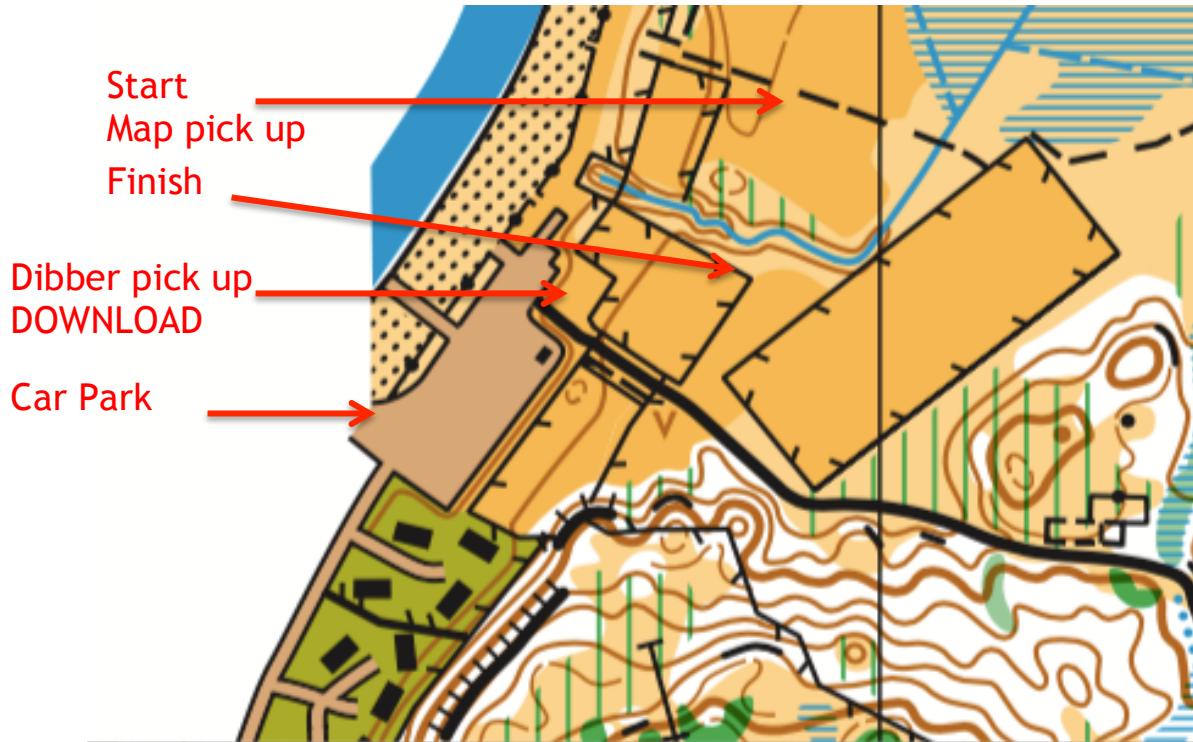
[GoogleMap](#) - [Streetmap \(OS 50k\)](#)

[OpenStreetMap](#) - [BingMap \(OS 50k\)](#)

Directions / Parking

Follow signpost from A85/ A815 roundabout at N end of Oban. Then follow the coastal road from Oban to Ganavan Sands. Please use the large car park to park in.

Ganavan



There are toilets which are currently open.

Dogs are allowed but please keep them with you at all times and clear up any mess.