

ECKO local event

Ganavan - event - 25th October 2020

NOTE - This event is **ONLY** for **ECKO** members who have **pre-entered**.
There will be **NO** entry on the day.

HOW TO ENTER:

Email ECKO (info@ecko.org.uk) with the following information:

1. Names of people entering
2. Which course each person is entering
3. Dibber SI number or whether you would like to borrow a dibber. Why not think of buying your own one - they make a great Christmas present (<https://www.sportident.co.uk/equipment/shop/>)
4. Method of payment:
 - BACS transfer - this is ECKO's preferred method of payment (if you wish to use this method, EckO will send you out an email with bank details)
 - Cash - we will **ONLY** accept cash if the correct amount is placed in a bag with your name and amount written on the bag and then the bag is placed in a bucket at the event car/tent. This allows us to quarantine the cash for the required length of time
 - Cost - Adult member - £5.00, Junior member (up to 21) - £3.00

Important:

Please read this information carefully as this is our first post-lockdown orienteering event and we need to maintain our club's reputation and ability to organise more events by adhering carefully to any new guidance.

- If you are displaying one or more COVID-19 symptoms you must not attend.
- If you are in COVID-19 quarantine you must not attend
- People in higher risk categories as set out by the government should be aware
- The 2 metre rule applies at all times, including at controls, so please move away from controls as soon as you have punched.
- Please keep young children with you at all times
- You need to turn up for your start on time. There is minimal room for re-scheduling late starters
- Please do not congregate at the start, finish, download or car park.
- By taking part you agree to British Orienteering code of conduct (see <https://www.scottish-orienteering.org/about/club-toolkit/#toolkit-Conduct>)

Differences to 'normal' due to Covid-19:

- Please don't arrive more than 30 minutes before your start time

- No splits or results will be provided at the finish but you **MUST** download at registration even if you have retired
- Please avoid touching the controls
- Avoid any unnecessary contact with gates, fences, etc
- No car key drop box
- NEW - you will be asked to use hand sanitizer before picking up your map
- Please don't linger after your run but make sure you download.

Safety Information

- Ganavan is very popular with the general public and likely to be very busy with dog walkers and cyclists particularly on the cycle track. Please be aware of others and maintain your social distance.
- Car parking is in the Ganavan car park and there will be caution runner signs at the entry. The courses take the competitor away from the car park.
- Ticks: There are ticks around particular in the bracken so please check yourself carefully after your run.

Courses, map and terrain

- The map is 1:10,000 with 5m contours
- Ganavan is in the middle of a larger mapped area comprising a series of hills running along the coast north of Oban. Ganavan comprises rough open heather/grassy moorland rising behind Ganavan beach and north towards Dunstaffnage and Dunbeg. A line of high crags separate the moorland from a faster grassy and rocky coast. A sparse path network, some fencing and old earth dykes provide line features. The area is interspersed with patches of regenerating native woodland. Large areas of bracken and gorse are expanding following removal of livestock grazing in recent years
- For Light Green, Green and Blue beware of loose wire underfoot

Course	Distance (km)	Climb(m)	Controls
Yellow TD 2	approx. 2km		
Orange TD 3	approx. 3km		
Light Green TD 4	approx. 3.5km		
Green TD 5	approx. 4.5km		
Blue TD 5	approx. 5.5km		

Location:

Near: Oban

Lat,Lng: 56.43668,-5.46943

Postcode: PA34 5TB

What3Words: list.twins.gong

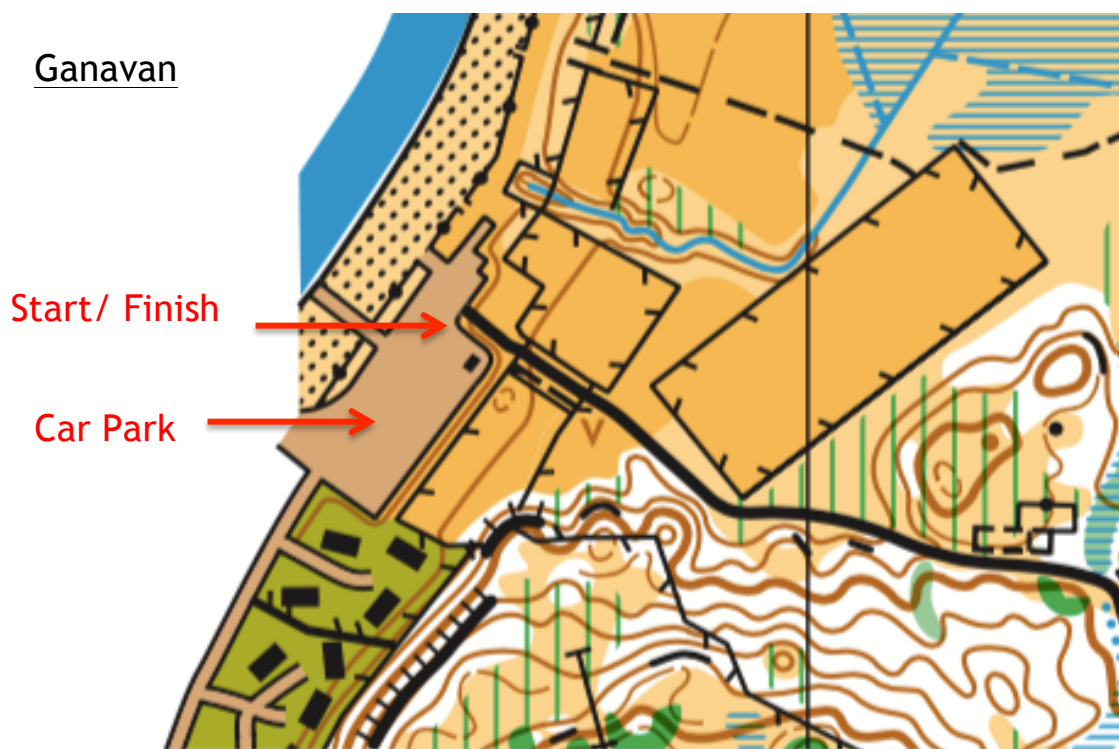
Open an interactive map in:

[GoogleMap](#) - [Streetmap \(OS 50k\)](#)

[OpenStreetMap](#) - [BingMap \(OS 50k\)](#)

Directions / Parking

Follow signpost from A85/ A815 roundabout at N end of Oban. Then follow the coastal road from Oban to Ganavan Sands. Please use the large car park to park in.



There are toilets which are currently open.

Dogs are allowed but please keep them with you at all times and clear up any mess.